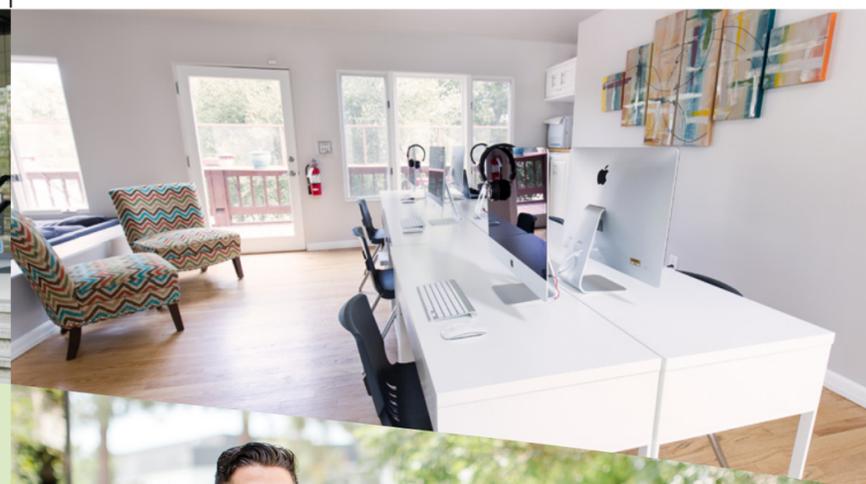


Corporate Staff



Educational Staff



## Our Commitment to Our Families

We model behavior in the best interest of the teen and their family.

We believe in a holistic approach to treatment.

We treat everyone with dignity, compassion, and respect.

We support and provide a safe, caring environment for every family member.

We use an individualized approach and work as a team with the entire family.

We implement evidence-based and innovative treatment.

We promote healthy life skills and education as critical components of wellness.

Through our premium, quality care, we transform lives and reconnect families.

## WE RECONNECT FAMILIES AND SAVE LIVES EVERY DAY.

“Destinations is one of the premier teen treatment centers in the country. Both our residential and out-patient programs are designed to support the whole family throughout their journey to sustainable wellbeing.

Our dedicated team of therapists and staff are there for each teen and their family at every stage of their recovery and beyond. By providing a quality safe-haven, a full range of treatments, and an uninterrupted education, we have one of the highest rates of success in the country.

Whether treating mental illness, addiction, or both, our concierge service delivers a customized program for each teen with the goal of establishing a pathway to realizing a stable and productive future. ”



Daniel Samson  
Founder / President

In network with the following insurances:



We also accept the following insurances:



**Our Mission** - to provide premier teen treatment designed to support the whole family throughout their healing journey. Our goal is to be of service to teens in need by providing compassionate, individualized pathways to obtaining therapeutic support and comprehensive educational services.



Premier Teen Treatment Programs  
For Sustainable Wellbeing

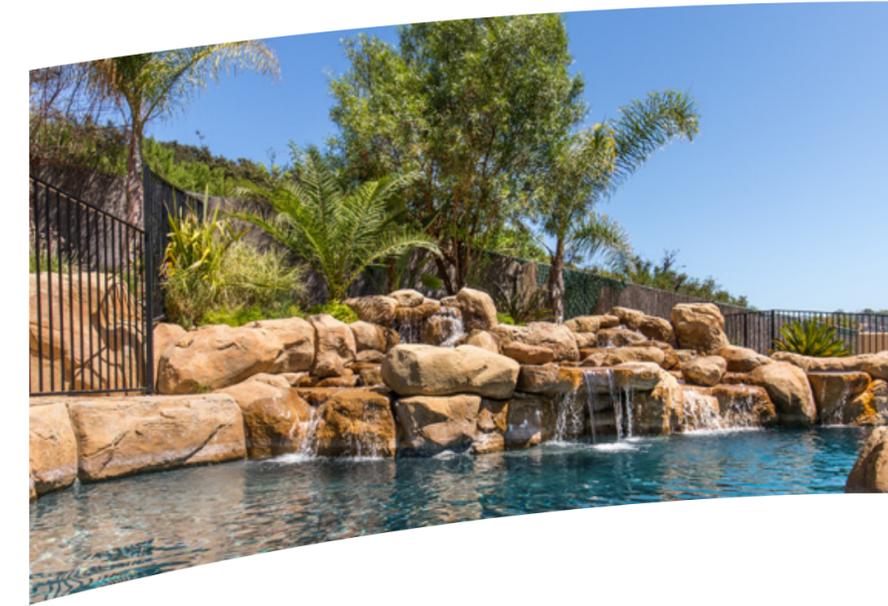
Two Residential Programs:  
Topanga Canyon, CA

Three PHP/IOP Programs:  
Mid-Wilshire, CA  
Woodland Hills, CA  
Las Vegas, NV

[DestinationsForTeens.com](http://DestinationsForTeens.com) | 877-341-3225



# DESTINATIONS



## Premier Teen Treatment Programs For Sustainable Wellbeing

[DestinationsForTeens.com](http://DestinationsForTeens.com) | 877-341-3225



## About Destinations

We treat male, female and LGBTQ+ teens ages 13-17 in our outpatient and residential programs.

Destinations specializes in treating teens with anxiety, depression, isolation, substance abuse, trauma, self-injury, behavioral issues, gender identity, and other diagnosis under those umbrellas.

The path to wellness requires commitment, trust, and transparency between client and caregiver. This is why we work with every family to create a customized treatment plan for their teenager. Our staff will address not only the emotional and behavioral needs of clients, but also their academic, physical, and social needs. We provide two tracks of care, one for Primary Mental Health and one for Dual Diagnosis.



Residential Staff

## Residential Programs

We provide Residential programs that combine traditional and creative therapeutic options with daily education support. Our two Residential facilities are located in Topanga Canyon, CA and have six beds in each house, maintaining a high-quality, personalized experience for our clients. Each house specializes in its own track and we focus on Substance Abuse in one house and Primary Mental Health in the other.



## Partial Hospitalization Program

For teens requiring the greatest amount of care while still living at home, our full-day programs provide a safe space for therapy, counseling, and schooling.

## Intensive Outpatient Program

For teens that are living at home, working, and attending school, our Intensive Outpatient Program helps them develop crucial coping skills as they continue their path to health and wellness 3-5 evenings a week.



## Education Support

Destinations provides extensive academic support in our Residential and PHP programs so that each teen can stay on track while they are in our care. Our teachers oversee the curriculum assigned to our clients by their schools and ensure they receive the support necessary to complete their schoolwork.

Additionally, our teachers accommodate IEPs and assist in credit recovery. We also help to enroll clients into reputable accredited online schools if needed.



## Healing the Whole Person

In addition to individual and family therapy, our customized treatment plans include experiential interventions that provide a variety of ways for clients to grow and experience breakthroughs. Offerings vary by site and season.

### Experiential Interventions include:

Surf Therapy	Mindfulness Skills
Yoga	Body Movement
Equine Assisted Therapy	12-Step Recovery Work
Expressive Art	Narrative Writing
Music	Improv/Comedy Performance
Anger Management	Exposure Therapy