



Our Commitment to Our Families

We model behavior in the best interest of the teen and their family.

We believe in a holistic approach to treatment.

We treat everyone with dignity, compassion, and respect.

We support and provide a safe, caring environment for every family member.

We use an individualized approach and work as a team with the entire family.

We implement evidence-based and innovative treatment.

We promote healthy life skills and education as critical components of wellness.

Through our premium, quality care, we transform lives and reconnect families.



WE RECONNECT FAMILIES AND SAVE LIVES EVERY DAY.

“Destinations is one of the premier teen treatment centers in the country. Both our residential and outpatient programs are designed to support the whole family throughout their journey to sustainable wellbeing. Our dedicated team of therapists and staff are there for each teen and their family at every stage of their recovery. By providing a quality safe-haven, a full range of treatments, and an uninterrupted education, we have been able to help thousands of adolescents. Whether treating mental illness, addiction, or both, our focus is to deliver a customized program for each teen with the goal of establishing a pathway to realizing a stable and productive future.”



Daniel Samson
Founder / President

In network with the following insurances:



Our Mission Statement:

Destinations for Teens provides individualized, compassionate, and evidence-based treatment designed to guide families throughout their healing journey.



Saving Teens
Reconnecting Families



Residential Programs:
Woodland Hills, CA
San Diego, CA

PHP/IOP Programs:
Woodland Hills, CA

DestinationsForTeens.com | 877-341-3225



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About Destinations



Residential Programs

We treat all genders and LGBTQ+ teens ages 12-17 in our outpatient and residential programs.

Destinations for Teens specializes in treating teens with anxiety, depression, isolation, substance abuse, trauma, self-injury, suicidal ideation, gender identity, and other diagnoses under those umbrellas.

The path to wellness requires commitment, trust, and transparency between client and caregiver. This is why we work with every family to create a customized treatment plan for their teenager. Our staff will address not only the emotional and behavioral needs of clients, but also their academic, physical, and social needs. We can offer treatment for teens struggling with Mental Health and Dual Diagnosis issues.

We provide Residential programs that combine traditional and creative therapeutic options with daily education support. We have facilities located in Woodland Hills, CA, and San Diego, CA. All homes treat a maximum of six clients, maintaining a high quality and personalized experience. Our program offers: Individual Therapy, Family Therapy, Group Therapy, and Psychiatry.



Partial Hospitalization Program M-F 8:00am-5:00pm

For teens requiring the greatest amount of care while still living at home, our full-day program provides a safe space for therapy, counseling, and schooling.

Intensive Outpatient Program T-W-Th. 4:00pm-7:00pm

For teens that are living at home, working, and attending school, our Intensive Outpatient Program helps them develop crucial coping skills as they continue their path to health and wellness.



Education Support

Destinations provides extensive academic support in our Residential and PHP programs so that each teen can stay on track while they are in our care. Our academic team oversees the curriculum assigned to our clients by their schools and ensure they receive the support necessary to complete their schoolwork.

Additionally, our academic team accommodate IEPs and assist in credit recovery. We coordinate academic studies with the client's school district, continue homeschool programs, or we can enroll clients in a reputable/transferable online school program.



Healing the Whole Person

In addition to individual and family therapy, our customized treatment plans include experiential interventions that provide a variety of ways for clients to grow and experience breakthroughs. Offerings vary by site and season.

Experiential Interventions include:

Yoga
Canine Therapy
Magic Therapy
Expressive Art
Music
Anger Management

Mindfulness Skills
Body Movement
12-Step Recovery Work
Narrative Writing
Improv/Comedy Performance
Exposure Therapy